

*The last reflection is a compilation of statistics that lead us to ponder this very compelling segment of Matthew's gospel.*

### *I was thirsty....*

*Worldwide, of 4.4 billion people in the developing world, 3 billion live on less than \$2 a day, 1.3 billion on less than \$1, and 840 million go hungry. Three-fifths lack basic sanitation, a quarter lack adequate housing, and a third will die before reaching the age of 40.*

*The more one can directly associate with the victims of injustice, share their lot, plead their cause, and defend them, the more one will grow spiritually.*

*Benedict Groeschel, CFR*

### *I was hungry....*

- 49 million: Number of people who could be fed with America's wasted food.
- 12 million: Number of children world wide who die each year from malnutrition.

Half the children on earth go to bed hungry — millions more have retarding and stunting protein deficiencies. Instead of building the peace by attacking injustices like starvation, disease, illiteracy, political and economic servitude, we spend a trillion dollars on war since 1946, until hatred and conflict have become the international preoccupation."  
-- Daniel Berrigan

### *I was sick....*

- More than 11 million kids die each year in the developing world. In Mozambique, 20% die before they turn 5.
- 2 billion people have no access to low-cost essential medicine such as penicillin.

Good health is one of the most important ingredients for a happy and productive life. And yet, many people do not have access to health care and live in conditions that spread disease.

-- Robert Alan

He who has health has hope; and he who has hope has everything.  
~Arabic Proverb

## *I was in prison....*

In January 2010-----

National total of incarcerated adults in state prisons	1,404,503		
In Texas	172,506	↓	1,257*
In Oklahoma	25,864	↑	533*
In Louisiana	38,381	↑	1,399*
In Federal Prisons (all USA)	208,118	↑	6,838*
<b>National Total (All USA)</b>	<b>1,612,071</b>	↑	<b>2,061</b>

\*Compared to statistics of 2008.

## *I was naked....*

### *What's in your clothes closet?*

What if you took out everything you didn't wear last year?

What if every time you bought something new, you gave away something old?



Special thanks to...

The Gospel-based reflection committee:

Srs. Teresa Pauline Hereford, Thadine Hyzak, Louise Miksch,  
Alexia Vinklerek and Diane Langford and Ms. Sylvia Jolet (Assoc)  
who guided and enflashed "gospel-reflection"  
for the CDP Community from 2001-2005  
and

The many Sisters and Associates who wrote the reflections