



Harbor of Hope Virtual Weekend Retreat

Life can be complex. Do you long for some rest, refreshment and good news during these difficult and confusing times? PROSO **Harbor of Hope** Retreats provide gentle time away to find strength and safe harbor in the heart of Providence. Deepen your trust and let God's peace, possibilities, and joy transform your heart and the world.

Conference themes, meetings and retreat experiences focus on how hope and other spiritual anchors help us see life in a different way. Each one-hour session includes a presentation, plus a mix of prayer, music, and personal reflection and/or sharing.

The 2022 Fall **Harbor of Hope Virtual Retreat Weekend** takes place on Friday evening, Nov. 18 through Sunday afternoon, Nov. 20. **Cost: \$100. RSVP by Tuesday, November 15 at midnight.**

- Friday evening: Entering the Harbor of Hope
- Saturday morning: Anchored in Hope
- Saturday afternoon: Mary, Model of Hope; Birthing and Holding Hope
- Saturday evening: Resting Beside Peaceful Waters of Peace, Healing and Gratitude
- Sunday afternoon: Back to the Sea – Hope for the Journey

Evening Sessions begin at 7:30 PM Eastern Time (6:30 PM Central Time)

Morning Sessions begin at 10:30 AM Eastern Time (9:30 AM Central Time)

Afternoon Sessions begin at 2:30 PM Eastern Time (1:30 PM Central Time)

Harbor of Hope Virtual Weekend Retreat Leader: Sister Joyce Detzel, CDP, a Sister of the Congregation of Divine Providence of San Antonio, Texas, Director of PROSO Ministry and a grandmother with a creative passion for art, music, and spirituality. She is a certified Ignatian Spiritual Director with 40 years of experience as an educator, attorney, congregational vocation director, and campus/retreat minister.

To register click on [PROSO Current Offerings Winter Spring 2022 - \(cdptexas.org\)](https://www.cdptexas.org/proso-current-offerings/) or google <https://www.cdptexas.org/proso-current-offerings/>. Email proso@cdptexas.org or call 210-707-8400 for registration help or financial assistance inquires.

2022-2023 Harbor of Hope Retreats occur virtually or in-person at different locations. Contact Sr. Joyce at proso@cdptexas.org or call 210-797-8400 for information about hosting or attending a future Harbor of Hope Retreat.